



**Uitslag wedstrijd 19409
AAS-criterium
te Essen op 6 juli 2019**

Sportpark Hemelrijk, Moerkantsebaan, 2910 Essen

**BROODJES
& KOFFIE**



Trapke Op www.trapkeop.be
Handelsstraat 12 en Spijker 81, Essen - +32 3 677 17 67



Certis Groep
Mensen Beschermen

KBO 0448181273 verbonden KVIC 

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VERZEKERINGEN
Van Loon & Peeters



RUNNING
Center
Roosendaal



SPORTINFRABOUW
www.sportinfrabouw.be



Exellent
www.electro-javado.be
Stationsstraat 119
2910 Essen
Tel : 03 667 41 24
HIER IS UW VAKMAN INBEGREPEN

100 meter Cad Heren Uur=13:47
 Reeks:1 Wind : -0.5

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 1663 | De Clerck Timo | ACBR | 12.44 | 04 |
| 2 | 1903 | De Clerck Yarno | OLSE | 12.68 | 04 |
| 3 | 1775 | De La Bruyere Ward | ESAK | 14.21 | 05 |
| 4 | 1522 | De Keyser Stijn | ACBR | 18.37 | 05 |

80 meter Min Heren Uur=13:48
 Reeks:1

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 4431 | Leboda Tibo | AVKA | 10.58 | 06 |
| 2 | 5006 | De Roy Ruben | ACBR | 11.16 | 07 |
| 3 | 5044 | Itotoh Treasure | BVAC | 11.44 | 07 |
| 4 | 3906 | De Kock Mervyn | BVAC | 11.46 | 07 |
| 5 | 5053 | Michiels Thibo | BVAC | 11.52 | 06 |
| 6 | 4433 | Van Dorst Stan | AVKA | 11.83 | 07 |

80 meter Min Heren Uur=13:48
 Reeks:2

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 4422 | Verbruggen Thomas | KAPE | 11.38 | 06 |
| 2 | 5285 | Schaerlaeken Jonas | ACBR | 11.76 | 06 |
| 3 | 5555 | Sacre Jelle | AVKA | 11.83 | 06 |
| 4 | 4430 | De Beuckelaer Kobe | AVKA | 12.72 | 07 |
| 5 | 4199 | Loos Jarne | AVKA | 12.87 | 06 |

80 meter Min Heren Uur=13:48
 Reeks:3

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 4421 | Vander Avert Ben | KAPE | 11.74 | 06 |
| 2 | 5514 | Gabriels Dries | ESAK | 12.34 | 07 |
| 3 | 4192 | Callaert Jasper | AVKA | 12.51 | 07 |
| 4 | 5130 | Oerlemans Vins | ESAK | 12.74 | 07 |
| 5 | 4420 | Vallaey Sander | KAPE | 13.61 | 07 |

150 meter Min Dames Uur=13:48
 Reeks:1

| | | | | | |
|---|------|-------------------|------|-------|----|
| 1 | 9232 | Rosebel Jefiney | BVAC | 21.07 | 07 |
| 2 | 8438 | Sebregts Ashley | KAPE | 21.25 | 06 |
| 3 | 9102 | Willemyns Zoë | ABES | 21.63 | 06 |
| 4 | 9064 | Okaka Osahajiajie | BVAC | 21.67 | 07 |

150 meter Min Dames Uur=13:48
 Reeks:2

| | | | | | |
|---|------|----------------|------|-------|----|
| 1 | 9026 | Van Looy Irina | LIER | 21.43 | 07 |
| 2 | 7993 | Van Hool Sofie | ACHL | 22.05 | 06 |
| 3 | 8879 | Gerets Ibe | LIER | 22.13 | 06 |
| 4 | 9024 | Tindemans Mila | LIER | 22.44 | 07 |

150 meter Min Dames Uur=13:48
 Reeks:3

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 8235 | Schillemans Laura | AVKA | 22.81 | 06 |
| 2 | 8457 | Lemmens Rowen - 81 | AVKA | 23.53 | 07 |
| 3 | 8458 | Teck Ashley | AVKA | 24.04 | 06 |
| 4 | 9049 | Michiels Roos | ACBR | 24.29 | 07 |

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|-----------|------|-----------------|-----------|-------|----|
| 150 meter | | Min Dames | Uur=13:48 | | |
| Reeks:4 | | | | | |
| 1 | 9065 | Idrisa Moza | BVAC | 22.63 | 07 |
| 2 | 8938 | D'eer Nanou | AVKA | 22.79 | 06 |
| 3 | 8435 | Hendrickx Loore | KAPE | 24.24 | 07 |

| | | | | | |
|-----------|------|------------------|-----------|-------|----|
| 150 meter | | Min Dames | Uur=13:48 | | |
| Reeks:5 | | | | | |
| 1 | 8439 | Verhees Veronica | KAPE | 24.61 | 07 |
| 2 | 8730 | Vets Sien | LIER | 25.03 | 07 |
| 3 | 9048 | De Keyser Sofie | ACBR | 28.45 | 07 |

| | | | | | |
|--------------|------|----------------------|-----------|-------|----|
| hoogspringen | | Pup Dames | Uur=14:34 | | |
| Reeks:1 | | | | | |
| 1 | 5136 | Cools Emma | AVKA | 1.25m | 08 |
| 2 | 5900 | Melotte Jasmine | BVAC | 1.25m | 08 |
| 3 | 5936 | Verbeke Alessandra | KAPE | 1.20m | 08 |
| 4 | 9948 | Prokop Jennecy | | 1.15m | 09 |
| 5 | 4581 | Kpodzo Maeva | BVAC | 1.15m | 09 |
| 6 | 5072 | Leboda Nina | AVKA | 1.10m | 08 |
| 7 | 6082 | Oosters Eline | LIER | 1.10m | 09 |
| 7 | 5889 | Gorts Hanna | KAPE | 1.10m | 08 |
| 9 | 4685 | Van Eeckhoven Elena | OLSE | 1.05m | 08 |
| 10 | 6049 | Boey Maya | LIER | 1.05m | 09 |
| 11 | 5909 | Wouters Marie | KAPE | 1.00m | 09 |
| 12 | 5800 | Panier Fleur | BVAC | 0.95m | 09 |
| 12 | 5045 | Cornelis Roxane | KAPE | 0.95m | 09 |
| 12 | 5881 | Boden Yanaika | ESAK | 0.95m | 08 |
| 15 | 4994 | Van Hassel Fien | SGOL | 0.95m | 09 |
| 15 | 5792 | Idrisa Munahya | BVAC | 0.95m | 09 |
| 17 | 5075 | Van Dorst Lucie | AVKA | 0.95m | 09 |
| 17 | 5044 | Caron Liezelotte | KAPE | 0.95m | 08 |
| 17 | 5756 | Verspaandonck Emilie | LIER | 0.95m | 09 |

| | | | | | |
|-------------|------|--------------------|-----------|-------|----|
| verspringen | | Ben Dames | Uur=13:51 | | |
| Reeks:1 | | | | | |
| 1 | 1450 | Cools Hannah | AVKA | 3.69m | 10 |
| 2 | 1380 | Moons Eva | KAPE | 3.59m | 10 |
| 3 | 2017 | Switser Lauren | LIER | 3.43m | 10 |
| 4 | 950 | De Munck Lisa | GRIM | 3.12m | 10 |
| 5 | 2018 | Tindemans Ella | LIER | 3.10m | 10 |
| 6 | 1150 | Loos Silke | AVKA | 2.97m | 10 |
| 7 | 1148 | Verhoeven Femke | AVKA | 2.91m | 10 |
| 8 | 2761 | Van Thienen Amélie | KAPE | 2.84m | 11 |
| 9 | 9949 | Glidja Nathanya | KAPE | 2.83m | 10 |
| 10 | 2625 | Madadi Nesrin | BVAC | 2.69m | 10 |
| 11 | 2043 | Michiels Anna | ACBR | 2.53m | 10 |
| 12 | 2251 | Moons Lize | KAPE | 2.38m | 11 |

hockeywerpen Ben Heren Uur=13:53

Reeks:1

| | | | | | |
|----|------|--------------------------|------|--------|----|
| 1 | 7565 | Gorts Jonas | KAPE | 29.18m | 10 |
| 2 | 7808 | Vosters Jack | AVKA | 28.56m | 10 |
| 3 | 7210 | Vrancken Demian | OLSE | 27.34m | 10 |
| 4 | 8935 | Madadi Ehsan | BVAC | 19.71m | 11 |
| 5 | 7807 | Thonon Andreas | AVKA | 19.22m | 11 |
| 6 | 7006 | Van Meirvenne Siebe - 81 | BVAC | 19.11m | 10 |
| 7 | 8439 | Yahya Idrisa | BVAC | 17.95m | 11 |
| 8 | 7591 | Lamot Laurent | AVKA | 16.58m | 10 |
| 9 | 7304 | Janssens Kyan | AVKA | 16.31m | 11 |
| 10 | 8941 | Verstraelen Arne | KAPE | 13.37m | 11 |
| 11 | 7594 | Van Der Spiegel Kobe | AVKA | 12.55m | 10 |
| 12 | 7593 | Van Der Spiegel Alex | AVKA | 11.20m | 11 |
| | 9471 | Glidja Jeramy | KAPE | GP | 11 |

discuswerpen 0,600kg Pup Heren Uur=13:56

Reeks:1

| | | | | | |
|----|------|------------------|------|--------|--------|
| 1 | 933 | Van Bael Arne | AVKA | 19.76m | 08 |
| 2 | 636 | Sebregts Joey | KAPE | 18.82m | 08 |
| 3 | 363 | Loos Senne | AVKA | 17.64m | 08 |
| 4 | 1804 | Van Neygen Tobin | BVAC | 16.48m | 08 |
| 5 | 1597 | Hoornaert Yort | KAPE | 16.39m | 08 |
| 6 | 930 | Thonon Simon | AVKA | 16.39m | 08 |
| 7 | 194 | Peeters Jonas | ACHL | 16.02m | 09 |
| 8 | 1433 | Tindemans Junes | LIER | 15.28m | 08 |
| 9 | 2138 | Coolen Lars | ACBR | 14.69m | 09 |
| 10 | 2171 | Honsia Rick | KAPE | 14.45m | 08 |
| 11 | 362 | Janssens Milan | AVKA | 14.37m | 09 |
| 12 | 1994 | Madadi Jasin | BVAC | 13.99m | 08 |
| 13 | 663 | Lingier Stef | AVKA | 13.21m | 08 |
| 14 | 1549 | Amghar Youssef | AVKA | 13.13m | 09 |
| 15 | 1624 | Carpentier Mauro | KAPE | 11.66m | 09 |
| 16 | 2137 | Balazs Staf | ACBR | 11.66m | 09 |
| 17 | 1241 | De Herdt Milan | AVKA | 10.70m | 09 |
| 18 | 2139 | Coolen Finn | ACBR | 10.16m | 09 |
| 19 | 8695 | Jacobs Tist | ESAK | 9.69m | Ben 11 |
| 20 | 867 | Teah Elisha | AVKA | 8.87m | 09 |
| 21 | 1465 | Van Hoorick Yben | ACBR | 8.43m | 09 |
| 22 | 2142 | Stappers Krijn | ACBR | 7.55m | 09 |

kogelstoten 3,000kg Cad Dames Uur=13:54

Reeks:1

| | | | | | |
|----|------|--------------------|------|--------|----|
| 1 | 2144 | Van Doninck Daphne | ACBR | 12.38m | 04 |
| 2 | 1335 | Vander Avert Caro | KAPE | 11.52m | 05 |
| 3 | 1411 | Meuris Ina | AVKA | 9.47m | 05 |
| 4 | 1333 | Dua Hanne | KAPE | 8.98m | 05 |
| 5 | 1909 | Schaerlaeken Yana | ACBR | 7.04m | 04 |
| 6 | 1336 | Verhees Celina | KAPE | 6.85m | 04 |
| 7 | 2061 | Balazs Fien | ACBR | 6.65m | 04 |
| 8 | 1885 | Mees Jinse | ACBR | 6.39m | 05 |
| 9 | 1466 | Taelman Lola | BVAC | 6.36m | 05 |
| 10 | 1339 | De Beuckelaer Lara | AVKA | 6.02m | 04 |

100 meter Cad Dames Uur=13:58
 Reeks:1 Wind : -1.2

| | | | | | |
|---|------|------------------------|------|-------|----|
| 1 | 1335 | Vander Avert Caro | KAPE | 13.25 | 05 |
| 2 | 1765 | Vanbroeckhoven Isabeau | ACHL | 13.88 | 05 |
| 3 | 1339 | De Beuckelaer Lara | AVKA | 14.00 | 04 |
| 4 | 1909 | Schaerlaeken Yana | ACBR | 14.28 | 04 |
| 5 | 1466 | Taelman Lola | BVAC | 14.65 | 05 |

100 meter Cad Dames Uur=13:58
 Reeks:2 Wind : 2.2

| | | | | | |
|---|------|----------------|------|-------|----|
| 1 | 1333 | Dua Hanne | KAPE | 14.32 | 05 |
| 2 | 2061 | Balazs Fien | ACBR | 15.20 | 04 |
| 3 | 1885 | Mees Jinse | ACBR | 15.93 | 05 |
| 4 | 1411 | Meuris Ina | AVKA | 16.05 | 05 |
| 5 | 1336 | Verhees Celina | KAPE | 16.26 | 04 |

60 meter Pup Heren Uur=14:19
 Reeks:1

| | | | | | |
|---|------|------------------|------|------|----|
| 1 | 363 | Loos Senne | AVKA | 8.95 | 08 |
| 2 | 930 | Thonon Simon | AVKA | 9.07 | 08 |
| 3 | 2138 | Coolen Lars | ACBR | 9.22 | 09 |
| 4 | 933 | Van Bael Arne | AVKA | 9.50 | 08 |
| 5 | 1804 | Van Neygen Tobin | BVAC | 9.61 | 08 |
| 6 | 1549 | Amghar Youssef | AVKA | 9.95 | 09 |

60 meter Pup Heren Uur=14:19
 Reeks:2

| | | | | | |
|---|------|----------------|------|-------|----|
| 1 | 636 | Sebregts Joey | KAPE | 9.43 | 08 |
| 2 | 194 | Peeters Jonas | ACHL | 9.77 | 09 |
| 3 | 1994 | Madadi Jasin | BVAC | 9.79 | 08 |
| 4 | 362 | Janssens Milan | AVKA | 9.86 | 09 |
| 5 | 663 | Lingier Stef | AVKA | 10.66 | 08 |
| | 2171 | Honsia Rick | KAPE | NG | 08 |

60 meter Pup Heren Uur=14:19
 Reeks:3

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 2137 | Balazs Staf | ACBR | 10.04 | 09 |
| 2 | 1624 | Carpentier Mauro | KAPE | 10.15 | 09 |
| 3 | 1465 | Van Hoorick Yben | ACBR | 10.50 | 09 |
| 4 | 2142 | Stappers Krijn | ACBR | 14.49 | 09 |

60 meter Pup Heren Uur=14:19
 Reeks:4

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 867 | Teah Elisha | AVKA | 9.75 | 09 |
| 2 | 1433 | Tindemans Junes | LIER | 10.31 | 08 |
| 3 | 1597 | Hoornaert Yort | KAPE | 10.61 | 08 |
| 4 | 2139 | Coolen Finn | ACBR | 10.75 | 09 |
| 5 | 1241 | De Herdt Milan | AVKA | 11.06 | 09 |

verspringen Ben Heren Uur=14:22

Reeks:1

| | | | | | |
|----|------|--------------------------|------|-------|----|
| 1 | 7565 | Gorts Jonas | KAPE | 4.01m | 10 |
| 2 | 7591 | Lamot Laurent | AVKA | 3.61m | 10 |
| 3 | 7808 | Vosters Jack | AVKA | 3.41m | 10 |
| 4 | 7210 | Vrancken Demian | OLSE | 3.39m | 10 |
| 5 | 7807 | Thonon Andreas | AVKA | 3.35m | 11 |
| 6 | 9471 | Glidja Jeramy | KAPE | 3.32m | 11 |
| 7 | 7594 | Van Der Spiegel Kobe | AVKA | 3.31m | 10 |
| 8 | 8439 | Yahya Idrisa | BVAC | 3.25m | 11 |
| 9 | 7593 | Van Der Spiegel Alex | AVKA | 3.22m | 11 |
| 10 | 8695 | Jacobs Tist | ESAK | 3.18m | 11 |
| 11 | 7304 | Janssens Kyan | AVKA | 3.12m | 11 |
| 12 | 8941 | Verstraelen Arne | KAPE | 2.76m | 11 |
| 13 | 8935 | Madadi Ehsan | BVAC | 2.71m | 11 |
| 14 | 7006 | Van Meirvenne Siebe - 81 | BVAC | 2.60m | 10 |

hockeywerpen Ben Dames Uur=14:23

Reeks:1

| | | | | | |
|----|------|--------------------|------|--------|----|
| 1 | 1450 | Cools Hannah | AVKA | 21.68m | 10 |
| 2 | 950 | De Munck Lisa | GRIM | 20.05m | 10 |
| 3 | 1380 | Moons Eva | KAPE | 19.80m | 10 |
| 4 | 2018 | Tindemans Ella | LIER | 15.96m | 10 |
| 5 | 2017 | Switser Lauren | LIER | 15.37m | 10 |
| 6 | 1150 | Loos Silke | AVKA | 14.14m | 10 |
| 7 | 2625 | Madadi Nesrin | BVAC | 12.48m | 10 |
| 8 | 2761 | Van Thienen Amélie | KAPE | 11.60m | 11 |
| 9 | 1148 | Verhoeven Femke | AVKA | 11.43m | 10 |
| 10 | 2251 | Moons Lize | KAPE | 10.99m | 11 |
| 11 | 9949 | Glidja Nathanya | KAPE | 10.35m | 10 |
| 12 | 2043 | Michiels Anna | ACBR | 8.12m | 10 |

discuswerpen 0,750kg Min Dames Uur=14:45

Reeks:1

| | | | | | |
|----|------|------------------------|------|--------|----|
| 1 | 8017 | Willepenninckx Amber | ACHL | 26.21m | 07 |
| 2 | 8154 | Van Eeckhoven Annelies | OLSE | 25.75m | 06 |
| 3 | 7995 | Van Ballaer Martha | ACHL | 24.09m | 06 |
| 4 | 8438 | Sebregts Ashley | KAPE | 22.97m | 06 |
| 5 | 9232 | Rosebel Jefiney | BVAC | 22.16m | 07 |
| 6 | 9064 | Okaka Osahajiajie | BVAC | 21.08m | 07 |
| 7 | 8235 | Schillemans Laura | AVKA | 19.72m | 06 |
| 8 | 9024 | Tindemans Mila | LIER | 18.02m | 07 |
| 9 | 7993 | Van Hool Sofie | ACHL | 17.65m | 06 |
| 10 | 9065 | Idrisa Moza | BVAC | 16.42m | 07 |
| 11 | 8879 | Gerets Ibe | LIER | 15.80m | 06 |
| 12 | 8435 | Hendrickx Loore | KAPE | 14.69m | 07 |
| 13 | 8938 | D'eer Nanou | AVKA | 14.65m | 06 |
| 14 | 9027 | Verspaandonck Maïthé | LIER | 13.95m | 07 |
| 15 | 9048 | De Keyser Sofie | ACBR | 13.56m | 07 |
| 16 | 8458 | Teck Ashley | AVKA | 13.36m | 06 |
| 17 | 9026 | Van Looy Irina | LIER | 12.16m | 07 |
| 18 | 9102 | Willemyns Zoë | ABES | 11.77m | 06 |
| 19 | 8434 | Hendrickx Lize | KAPE | 11.00m | 07 |
| 20 | 9049 | Michiels Roos | ACBR | 10.92m | 07 |

| | | | | | |
|----|------|--------------------|------|--------|----|
| 21 | 8457 | Lemmens Rowen - 81 | AVKA | 10.44m | 07 |
| 22 | 8439 | Verhees Veronica | KAPE | 10.44m | 07 |
| 23 | 8730 | Vets Sien | LIER | 8.87m | 07 |

kogelstoten 4,000kg Cad Heren Uur=14:20

Reeks:1

| | | | | | |
|---|------|--------------------|------|--------|----|
| 1 | 1663 | De Clerck Timo | ACBR | 10.29m | 04 |
| 2 | 1775 | De La Bruyere Ward | ESAK | 7.91m | 05 |
| 3 | 1522 | De Keyser Stijn | ACBR | 5.22m | 05 |

60 meter Pup Dames Uur=14:45

Reeks:1

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 5936 | Verbeke Alessandra | KAPE | 9.00 | 08 |
| 2 | 5136 | Cools Emma | AVKA | 9.75 | 08 |
| 3 | 5072 | Leboda Nina | AVKA | 10.22 | 08 |
| 4 | 5044 | Caron Liezelotte | KAPE | 10.25 | 08 |
| 5 | 5900 | Melotte Jasmine | BVAC | 10.28 | 08 |

60 meter Pup Dames Uur=14:45

Reeks:2

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 6082 | Oosters Eline | LIER | 10.02 | 09 |
| 2 | 5800 | Panier Fleur | BVAC | 10.14 | 09 |
| 3 | 6049 | Boey Maya | LIER | 10.30 | 09 |
| 4 | 5889 | Gorts Hanna | KAPE | 10.50 | 08 |
| 5 | 5045 | Cornelis Roxane | KAPE | 10.96 | 09 |

60 meter Pup Dames Uur=14:45

Reeks:3

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 5792 | Idrisa Munahya | BVAC | 10.39 | 09 |
| 2 | 5909 | Wouters Marie | KAPE | 10.78 | 09 |
| 3 | 5075 | Van Dorst Lucie | AVKA | 11.34 | 09 |
| 4 | 5756 | Verspaandonck Emilie | LIER | 11.76 | 09 |
| 5 | 5881 | Boden Yanaika | ESAK | 11.82 | 08 |

60 meter Pup Dames Uur=14:45

Reeks:4

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 5575 | Kudimana Lakisha | BVAC | 9.30 | 08 |
| 2 | 4581 | Kpodzo Maeva | BVAC | 9.86 | 09 |
| 3 | 9948 | Prokop Jennecy | | 10.07 | 09 |
| 4 | 4994 | Van Hassel Fien | SGOL | 11.35 | 09 |

hoogspringen Min Dames Uur=16:09

Reeks:1

| | | | | | |
|----|------|--------------------|------|-------|----|
| 1 | 8438 | Sebregts Ashley | KAPE | 1.35m | 06 |
| 2 | 9064 | Okaka Osahajiajie | BVAC | 1.30m | 07 |
| 2 | 7993 | Van Hool Sofie | ACHL | 1.30m | 06 |
| 4 | 9024 | Tindemans Mila | LIER | 1.30m | 07 |
| 5 | 8458 | Teck Ashley | AVKA | 1.30m | 06 |
| 5 | 9026 | Van Looy Irina | LIER | 1.30m | 07 |
| 7 | 8235 | Schillemans Laura | AVKA | 1.30m | 06 |
| 8 | 9065 | Idrisa Moza | BVAC | 1.25m | 07 |
| 9 | 9232 | Rosebel Jefiney | BVAC | 1.25m | 07 |
| 10 | 8938 | D'eer Nanou | AVKA | 1.20m | 06 |
| 11 | 8457 | Lemmens Rowen - 81 | AVKA | 1.20m | 07 |

| | | | | | |
|----|------|----------------------|------|-------|----|
| 12 | 8879 | Gerets Ibe | LIER | 1.15m | 06 |
| 13 | 8730 | Vets Sien | LIER | 1.10m | 07 |
| 14 | 9049 | Michiels Roos | ACBR | 1.05m | 07 |
| 15 | 9027 | Verspaandonck Maïthé | LIER | 0.95m | 07 |
| 16 | 8439 | Verhees Veronica | KAPE | 0.90m | 07 |

verspringen Min Heren Uur=15:22

Reeks:1

| | | | | | |
|----|------|--------------------|------|-------|----|
| 1 | 4431 | Leboda Tibo | AVKA | 5.02m | 06 |
| 2 | 5006 | De Roy Ruben | ACBR | 4.68m | 07 |
| 3 | 5044 | Itotoh Treasure | BVAC | 4.26m | 07 |
| 4 | 4421 | Vander Avert Ben | KAPE | 4.25m | 06 |
| 5 | 4422 | Verbruggen Thomas | KAPE | 4.25m | 06 |
| 6 | 5285 | Schaerlaeken Jonas | ACBR | 4.23m | 06 |
| 7 | 5053 | Michiels Thibo | BVAC | 4.19m | 06 |
| 8 | 4016 | Martin Josse | RCG | 4.11m | 07 |
| 9 | 4192 | Callaert Jasper | AVKA | 4.10m | 07 |
| 10 | 4433 | Van Dorst Stan | AVKA | 4.10m | 07 |
| 11 | 5555 | Sacre Jelle | AVKA | 4.07m | 06 |
| 12 | 5130 | Oerlemans Vins | ESAK | 4.00m | 07 |
| 13 | 4430 | De Beuckelaer Kobe | AVKA | 3.91m | 07 |
| 14 | 3906 | De Kock Mervyn | BVAC | 3.79m | 07 |
| 15 | 5514 | Gabriels Dries | ESAK | 3.76m | 07 |
| 16 | 4420 | Vallaey Sander | KAPE | 3.60m | 07 |
| 17 | 5532 | Balazs Juul | ACBR | 3.52m | 06 |
| 18 | 4199 | Loos Jarne | AVKA | 3.39m | 06 |

hockeywerpen Pup Heren Uur=15:38

Reeks:1

| | | | | | |
|----|------|------------------|------|--------|----|
| 1 | 933 | Van Bael Arne | AVKA | 33.85m | 08 |
| 2 | 1804 | Van Neygen Tobin | BVAC | 32.62m | 08 |
| 3 | 636 | Sebregts Joey | KAPE | 31.87m | 08 |
| 4 | 930 | Thonon Simon | AVKA | 31.35m | 08 |
| 5 | 194 | Peeters Jonas | ACHL | 30.59m | 09 |
| 6 | 363 | Loos Senne | AVKA | 29.45m | 08 |
| 7 | 1433 | Tindemans Junes | LIER | 26.55m | 08 |
| 8 | 362 | Janssens Milan | AVKA | 25.91m | 09 |
| 9 | 663 | Lingier Stef | AVKA | 25.75m | 08 |
| 10 | 2139 | Coolen Finn | ACBR | 23.52m | 09 |
| 11 | 2138 | Coolen Lars | ACBR | 22.65m | 09 |
| 12 | 867 | Teah Elisha | AVKA | 22.32m | 09 |
| 13 | 1549 | Amghar Youssef | AVKA | 21.73m | 09 |
| 14 | 1624 | Carpentier Mauro | KAPE | 20.94m | 09 |
| 15 | 1597 | Hoornaert Yort | KAPE | 20.38m | 08 |
| 16 | 2137 | Balazs Staf | ACBR | 18.85m | 09 |
| 17 | 1241 | De Herdt Milan | AVKA | 18.81m | 09 |
| 18 | 1465 | Van Hoorick Yben | ACBR | 18.00m | 09 |
| 19 | 1994 | Madadi Jasin | BVAC | 17.80m | 08 |
| 20 | 2142 | Stappers Krijn | ACBR | 10.28m | 09 |

discuswerpen 1,000kg Cad Heren Uur=15:39

Reeks:1

| | | | | | |
|---|------|--------------------|------|--------|----|
| 1 | 1775 | De La Bruyere Ward | ESAK | 22.12m | 05 |
| 2 | 1663 | De Clerck Timo | ACBR | 18.95m | 04 |
| 3 | 1522 | De Keyser Stijn | ACBR | 16.54m | 05 |

kogelstoten 1,000kg Ben Dames Uur=14:54

Reeks:1

| | | | | | |
|----|------|--------------------|------|-------|----|
| 1 | 1450 | Cools Hannah | AVKA | 8.10m | 10 |
| 2 | 950 | De Munck Lisa | GRIM | 7.25m | 10 |
| 3 | 1380 | Moons Eva | KAPE | 6.07m | 10 |
| 4 | 2017 | Switser Lauren | LIER | 5.90m | 10 |
| 5 | 2625 | Madadi Nesrin | BVAC | 5.86m | 10 |
| 6 | 2018 | Tindemans Ella | LIER | 5.72m | 10 |
| 7 | 1148 | Verhoeven Femke | AVKA | 4.37m | 10 |
| 8 | 1150 | Loos Silke | AVKA | 4.28m | 10 |
| 9 | 2251 | Moons Lize | KAPE | 4.26m | 11 |
| 10 | 9949 | Glidja Nathanya | KAPE | 4.25m | 10 |
| 11 | 2043 | Michiels Anna | ACBR | 4.22m | 10 |
| 12 | 2761 | Van Thienen Amélie | KAPE | 3.88m | 11 |

verspringen Cad Dames Uur=15:54

Reeks:1

| | | | | | |
|---|------|------------------------|------|-----------|----|
| 1 | 1335 | Vander Avert Caro | KAPE | 4.82m+0.3 | 05 |
| 2 | 1765 | Vanbroeckhoven Isabeau | ACHL | 4.61m-0.4 | 05 |
| 3 | 1909 | Schaerlaeken Yana | ACBR | 4.52m-1.1 | 04 |
| 4 | 1466 | Taelman Lola | BVAC | 4.43m+1.1 | 05 |
| 5 | 1339 | De Beuckelaer Lara | AVKA | 4.25m-0.6 | 04 |
| 6 | 1336 | Verhees Celina | KAPE | 4.01m-1.5 | 04 |
| 7 | 1333 | Dua Hanne | KAPE | 3.97m+0.3 | 05 |
| 8 | 1411 | Meuris Ina | AVKA | 3.68m-1.0 | 05 |
| 9 | 1885 | Mees Jinse | ACBR | 2.97m-2.8 | 05 |

hockeywerpen Pup Dames Uur=15:58

Reeks:1

| | | | | | |
|----|------|----------------------|------|--------|----|
| 1 | 5136 | Cools Emma | AVKA | 30.90m | 08 |
| 2 | 9948 | Prokop Jennecy | | 29.59m | 09 |
| 3 | 5072 | Leboda Nina | AVKA | 24.03m | 08 |
| 4 | 4685 | Van Eeckhoven Elena | OLSE | 21.88m | 08 |
| 5 | 4994 | Van Hassel Fien | SGOL | 18.38m | 09 |
| 6 | 4581 | Kpodzo Maeva | BVAC | 16.49m | 09 |
| 7 | 5044 | Caron Liezelotte | KAPE | 16.47m | 08 |
| 8 | 5575 | Kudimana Lakisha | BVAC | 16.44m | 08 |
| 9 | 6082 | Oosters Eline | LIER | 16.36m | 09 |
| 10 | 5045 | Cornelis Roxane | KAPE | 16.02m | 09 |
| 11 | 5800 | Panier Fleur | BVAC | 15.67m | 09 |
| 12 | 5881 | Boden Yanaika | ESAK | 15.65m | 08 |
| 13 | 5889 | Gorts Hanna | KAPE | 14.74m | 08 |
| 14 | 5075 | Van Dorst Lucie | AVKA | 14.68m | 09 |
| 15 | 5756 | Verspaandonck Emilie | LIER | 13.81m | 09 |
| 16 | 6049 | Boey Maya | LIER | 12.50m | 09 |
| 17 | 5792 | Idrisa Munahya | BVAC | 12.37m | 09 |
| 18 | 5909 | Wouters Marie | KAPE | 11.63m | 09 |

discuswerpen 0,750kg Min Heren Uur=16:02

Reeks:1

| | | | | | |
|----|------|--------------------|------|--------|----|
| 1 | 4422 | Verbruggen Thomas | KAPE | 26.91m | 06 |
| 2 | 4418 | Gielen Stef | KAPE | 25.45m | 06 |
| 3 | 5053 | Michiels Thibo | BVAC | 24.87m | 06 |
| 4 | 4431 | Leboda Tibo | AVKA | 23.22m | 06 |
| 5 | 4016 | Martin Josse | RCG | 21.44m | 07 |
| 6 | 5285 | Schaerlaeken Jonas | ACBR | 20.50m | 06 |
| 7 | 3906 | De Kock Mervyn | BVAC | 20.46m | 07 |
| 8 | 5044 | Itotoh Treasure | BVAC | 20.37m | 07 |
| 9 | 4421 | Vander Avert Ben | KAPE | 20.05m | 06 |
| 10 | 4433 | Van Dorst Stan | AVKA | 17.99m | 07 |
| 11 | 5006 | De Roy Ruben | ACBR | 17.92m | 07 |
| 12 | 5555 | Sacre Jelle | AVKA | 16.84m | 06 |
| 13 | 5130 | Oerlemans Vins | ESAK | 16.69m | 07 |
| 14 | 4430 | De Beuckelaer Kobe | AVKA | 16.40m | 07 |
| 15 | 4192 | Callaert Jasper | AVKA | 15.59m | 07 |
| 16 | 4420 | Vallaey Sander | KAPE | 13.89m | 07 |
| 17 | 5514 | Gabriels Dries | ESAK | 13.78m | 07 |
| | 4199 | Loos Jarne | AVKA | NG | 06 |

kogelstoten 1,000kg Ben Heren Uur=15:41

Reeks:1

| | | | | | |
|----|------|----------------------|------|-------|----|
| 1 | 7210 | Vrancken Demian | OLSE | 9.31m | 10 |
| 2 | 7565 | Gorts Jonas | KAPE | 8.76m | 10 |
| 3 | 7808 | Vosters Jack | AVKA | 7.49m | 10 |
| 4 | 8935 | Madadi Ehsan | BVAC | 7.16m | 11 |
| 5 | 7807 | Thonon Andreas | AVKA | 6.28m | 11 |
| 6 | 9471 | Glidja Jeramy | KAPE | 6.06m | 11 |
| 7 | 7591 | Lamot Laurent | AVKA | 5.75m | 10 |
| 8 | 8439 | Yahya Idrisa | BVAC | 5.67m | 11 |
| 9 | 7594 | Van Der Spiegel Kobe | AVKA | 5.54m | 10 |
| 10 | 7304 | Janssens Kyan | AVKA | 5.26m | 11 |
| 11 | 7593 | Van Der Spiegel Alex | AVKA | 5.19m | 11 |
| 12 | 8695 | Jacobs Tist | ESAK | 5.00m | 11 |
| 13 | 8941 | Verstraelen Arne | KAPE | 4.20m | 11 |

1000 meter Cad Heren Uur=15:55

Reeks:1

| | | | | | |
|---|------|----------------|------|---------|----|
| 1 | 1663 | De Clerck Timo | ACBR | 2'54.89 | 04 |
|---|------|----------------|------|---------|----|

1000 meter Pup Heren Uur=16:02

Reeks:1

| | | | | | |
|---|------|------------------|------|---------|----|
| 1 | 363 | Loos Senne | AVKA | 3'28.47 | 08 |
| 2 | 194 | Peeters Jonas | ACHL | 3'36.19 | 09 |
| 3 | 636 | Sebregts Joey | KAPE | 3'37.31 | 08 |
| 4 | 1549 | Amghar Youssef | AVKA | 3'39.30 | 09 |
| 5 | 362 | Janssens Milan | AVKA | 3'39.62 | 09 |
| 6 | 930 | Thonon Simon | AVKA | 3'50.83 | 08 |
| 7 | 1804 | Van Neygen Tobin | BVAC | 3'53.23 | 08 |
| 8 | 663 | Lingier Stef | AVKA | 3'55.16 | 08 |
| | 2171 | Honsia Rick | KAPE | NG | 08 |

| | | | | | |
|------------|------|------------------|-----------|---------|----|
| 1000 meter | | Pup Heren | Uur=16:02 | | |
| Reeks:2 | | | | | |
| 1 | 2138 | Coolen Lars | ACBR | 3'35.62 | 09 |
| 2 | 933 | Van Bael Arne | AVKA | 3'47.81 | 08 |
| 3 | 867 | Teah Elisha | AVKA | 3'58.04 | 09 |
| 4 | 1465 | Van Hoorick Yben | ACBR | 3'59.59 | 09 |
| 5 | 1241 | De Herdt Milan | AVKA | 4'01.95 | 09 |
| 6 | 2139 | Coolen Finn | ACBR | 4'14.88 | 09 |
| 7 | 1624 | Carpentier Mauro | KAPE | 4'28.26 | 09 |
| 8 | 2142 | Stappers Krijn | ACBR | 5'22.90 | 09 |
| | 1994 | Madadi Jasin | BVAC | NG | 08 |

| | | | | | |
|------------|------|-------------------|-----------|---------|----|
| 1000 meter | | Cad Dames | Uur=16:10 | | |
| Reeks:1 | | | | | |
| 1 | 1335 | Vander Avert Caro | KAPE | 3'30.47 | 05 |
| 2 | 1336 | Verhees Celina | KAPE | 3'58.62 | 04 |
| 3 | 1333 | Dua Hanne | KAPE | 4'02.86 | 05 |
| 4 | 1885 | Mees Jinse | ACBR | 4'12.57 | 05 |

| | | | | | |
|------------|------|--------------------|-----------|---------|----|
| 1000 meter | | Min Heren | Uur=16:28 | | |
| Reeks:1 | | | | | |
| 1 | 4431 | Leboda Tibo | AVKA | 2'55.21 | 06 |
| 2 | 4253 | Vanhoeck Lennert | DUFF | 3'13.60 | 06 |
| 3 | 4421 | Vander Avert Ben | KAPE | 3'16.76 | 06 |
| 4 | 5044 | Itotoh Treasure | BVAC | 3'18.96 | 07 |
| 5 | 5006 | De Roy Ruben | ACBR | 3'20.37 | 07 |
| 6 | 5053 | Michiels Thibo | BVAC | 3'20.84 | 06 |
| 7 | 5285 | Schaerlaeken Jonas | ACBR | 3'21.20 | 06 |
| 8 | 4422 | Verbruggen Thomas | KAPE | 3'21.72 | 06 |
| 9 | 4199 | Loos Jarne | AVKA | 3'31.12 | 06 |

| | | | | | |
|------------|------|--------------------|-----------|--------|----|
| 1000 meter | | Min Heren | Uur=16:28 | | |
| Reeks:2 | | | | | |
| 1 | 4433 | Van Dorst Stan | AVKA | 3'32.3 | 07 |
| 2 | 5514 | Gabriels Dries | ESAK | 3'34.2 | 07 |
| 3 | 4192 | Callaert Jasper | AVKA | 3'36.6 | 07 |
| 4 | 4430 | De Beuckelaer Kobe | AVKA | 3'38.0 | 07 |
| 5 | 4420 | Vallaey Sander | KAPE | 3'40.1 | 07 |
| 6 | 3906 | De Kock Mervyn | BVAC | 3'52.3 | 07 |
| 7 | 5555 | Sacre Jelle | AVKA | 3'53.4 | 06 |
| 8 | 5130 | Oerlemans Vins | ESAK | 3'56.0 | 07 |

| | | | | | |
|------------------|------|------------------------|-----------|--------|----|
| speerwerpen 400g | | Min Dames | Uur=16:39 | | |
| Reeks:1 | | | | | |
| 1 | 8438 | Sebregts Ashley | KAPE | 33.00m | 06 |
| 2 | 7995 | Van Ballaer Martha | ACHL | 28.44m | 06 |
| 3 | 8017 | Willepenninckx Amber | ACHL | 26.93m | 07 |
| 4 | 8235 | Schillemans Laura | AVKA | 26.65m | 06 |
| 5 | 8154 | Van Eeckhoven Annelies | OLSE | 26.06m | 06 |
| 6 | 9064 | Okaka Osahajiajie | BVAC | 22.48m | 07 |
| 7 | 9024 | Tindemans Mila | LIER | 21.64m | 07 |
| 8 | 9232 | Rosebel Jefiney | BVAC | 18.75m | 07 |
| 9 | 8435 | Hendrickx Loore | KAPE | 17.59m | 07 |

| | | | | | |
|----|------|----------------------|------|--------|----|
| 10 | 9065 | Idrisa Moza | BVAC | 16.19m | 07 |
| 11 | 8458 | Teck Ashley | AVKA | 14.44m | 06 |
| 12 | 9027 | Verspaandonck Maïthé | LIER | 12.00m | 07 |
| 13 | 9048 | De Keyser Sofie | ACBR | 11.91m | 07 |
| 14 | 9049 | Michiels Roos | ACBR | 11.47m | 07 |
| 15 | 8730 | Vets Sien | LIER | 10.97m | 07 |
| 16 | 8938 | D'eer Nanou | AVKA | 9.96m | 06 |
| 17 | 9026 | Van Looy Irina | LIER | 7.88m | 07 |
| 18 | 8439 | Verhees Veronica | KAPE | 7.54m | 07 |
| | 8457 | Lemmens Rowen - 81 | AVKA | GP | 07 |

Wedstrijd statistieken van meeting:19409

Datum:6/07/2019

Locatie:Sportpark Hemelrijk Essen

Extra info:

proeven:29

prestaties:402

atleten:125

klubs:14

| | Ben | Pup | Min | Cad | Sch | Jun | Sen | Mas | Totaal |
|--------|-----|-----|-----|-----|-----|-----|-----|-----|--------|
| Dames | 12 | 20 | 23 | 11 | 0 | 0 | 0 | 0 | 66 |
| Heren | 14 | 21 | 20 | 4 | 0 | 0 | 0 | 0 | 59 |
| Totaal | | 26 | 41 | 43 | 15 | 0 | 0 | 0 | 125 |

| Klub | Ben | Pup | Min | Cad | Sch | Jun | Sen | Mas | Totaal |
|------|-----|-----|-----|-----|-----|-----|-----|-----|--------|
| | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| ABES | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| ACBR | 1 | 5 | 5 | 6 | 0 | 0 | 0 | 0 | 17 |
| ACHL | 0 | 1 | 3 | 1 | 0 | 0 | 0 | 0 | 5 |
| AVKA | 9 | 11 | 10 | 2 | 0 | 0 | 0 | 0 | 32 |
| BVAC | 4 | 7 | 6 | 1 | 0 | 0 | 0 | 0 | 18 |
| DUFF | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| ESAK | 1 | 1 | 2 | 1 | 0 | 0 | 0 | 0 | 5 |
| GRIM | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| KAPE | 7 | 9 | 8 | 3 | 0 | 0 | 0 | 0 | 27 |
| LIER | 2 | 4 | 5 | 0 | 0 | 0 | 0 | 0 | 11 |
| OLSE | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 4 |
| RCG | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| SGOL | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |