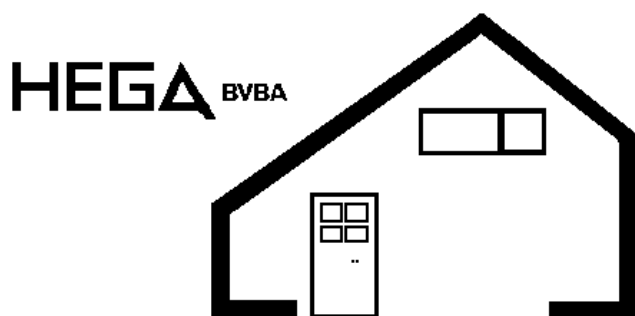




Uitslag Wedstrijd 118

AAS Te Essen op 20 mei 2007
Sportpark Hemelrijk, Moerkantsebaan, 2910 Essen



Alle schrijn- en timmerwerken HOUT en PVC,
alsook verandabouw

Baan 19 - 2990 Wuustwezel
Tel. 03/669 80 72 Fax 03/669 93 73



Zakenkantoor
Heikant bvba

Hendrik Consciencelaan 24, 2910 Essen
Tel.: 03/667.76.67 - Fax: 03/667.11.46

4 x 80 meter Min Dames Uur=15:08

Reeks:1

1 AVKA 44.9

6026 Vercammen Sofie

5670 Holvoet Camie

5834 Lamarque Anke

6048 Broothaerts Elisabeth

2 ESAK 46.5

5664 Van Doren Jorien

5665 Adams Yuness

6443 Hanssens Annelies

5666 Van Schil Henrike

3 AVKA 47.8

5836 Devrieze Ylonka

6488 Marynissen Elies

5837 Hermans Ine

5668 Vercauteren Sigrid

4 ACBR 47.8

5188 Op 't Eyndt Margot MACD

5751 Peeters Charlotte

5113 Talloen Louise

5271 Pompen Ilke

4 x 80 meter Min Heren Uur=15:08

Reeks:1

1 KAPE 45.7

6394 Van Laer Marnix

6643 Denis Simon

7146 Van Boven Jordy

6395 Verweyen Jago

2 ACBR 46.5

6157 Declercq Pieterjan

6322 Horemans Rikkert

6250 Declerck Jim

7534 Vlaeminck Matthias

3 AVKA 48.0

7095 Vermeulen Jelle

7262 Jacobs Frederick

6701 Crauwels Ian

7096 Cosaert Sebastiaan

4 x 80 meter Min Heren Uur=15:08

Reeks:2

1 AVKA 43.8

7122 Broothaerts Mathias

6702 Neegers Tom

6719 Hiele Robin

7261 Vanderborght Robin

2 ESAK 45.8

6249 Peeters Stijn

6721 Vinck Sam

6723 Van Oevelen Nick

6722 Neelen Jesper

3 LIER 47.3

6289 Verheyden Robin

6290 Roose Thomas

7247 Velle Wietse

7246 Willem Ben

ACBR

4 x 60 meter Ben Heren Uur=15:09

Reeks:1

| | | | |
|------|-------------------|------|--|
| 1 | AVKA | 41.2 | |
| 1704 | Vermeulen Niels | | |
| 1427 | Dierckx Yannick | | |
| 2209 | Janssens Benjamin | | |
| 1705 | Gryp Karl | | |
| 2 | KAPE | 41.5 | |
| 957 | Orlans Quinten | | |
| 958 | Folens Joren | | |
| 960 | Van Thillo Glenn | | |
| 959 | De Rycke Vince | | |
| 3 | ACBR | 42.6 | |
| 1322 | Vanagtmael Jelle | | |
| 2309 | Bal Jaan | | |
| 828 | Peeters Dries | | |
| 778 | Roeffaers Gilles | | |
| 4 | LIER | 44.6 | |
| 2242 | Wuyts Alec | | |
| 2237 | Wuyts Matthias | | |
| 874 | Heylen Robbert | | |
| 860 | Heylen Maarten | | |

4 x 60 meter Ben Dames Uur=15:09

Reeks:1

| | | | |
|------|--------------------|------|------|
| 1 | ESAK | 43.5 | |
| 1821 | Nijssen Kim* | | |
| 1211 | Coenraerds Tiba | | |
| 9002 | Hanssens marie | na | |
| 9001 | Geussens lore | | |
| 2 | ACBR | 44.2 | |
| 714 | De Rooy Eva | | |
| 1686 | Van de Vijver Caro | | |
| 1918 | Samoy Améline | | |
| 577 | Bal Loran | | |
| | AVKA | DIS | |
| 1100 | Mortiers Lio | | |
| 684 | Van Laer Emma | | KAPE |
| 1917 | Meersman Dorien | | ACBR |
| 1387 | Van De Vreken Joke | | |

4 x 60 meter Pup Heren Uur=15:09

Reeks:1

| | | | |
|------|-----------------------|------|------|
| 1 | AVKA | 38.6 | |
| 4135 | Weemaes Arne | | |
| 4103 | Neegers Jonas | | |
| 4287 | Vercauteren Jari | | |
| 4311 | Devrieze David | | |
| 2 | ACBR | 39.1 | |
| 4315 | Verheyden Stef | | ESAK |
| 3511 | Calluy Dean | | |
| 4817 | Van De Vijver Lorenzo | | |
| 4206 | Vanagtmael Sam | | |
| 3 | AVKA | 39.5 | |
| 4310 | Fierens Tomas | | |
| 4102 | Neegers Wout | | |
| 4134 | Hiele Wannes | | |
| 4943 | De Rop Sebastian | | |
| 4 | KAPE | 40.3 | |
| 4282 | Lefeber Nathan | | |
| 4051 | Verhulst Christophe | | |

3793 Brits Arne
4919 Bardyn Sebastian

4 x 60 meter Pup Dames Uur=15:09

Reeks:1

| | | | |
|------|-----------------------|------|--|
| 1 | AVKA | 37.2 | |
| 3579 | Van Hoofstat Annelies | | |
| 4003 | Devrieze Femke | | |
| 4007 | Laurent Daphne | | |
| 4004 | Beckstedde Ellen | | |
| 2 | SGOL | 38.5 | |
| 3345 | Uyttendaele Eva | | |
| 4381 | Van Bragt Sofie | | |
| 3349 | Baetens Donja | | |
| 4284 | Willems Fien | | |
| 3 | ACBR | 40.5 | |
| 2931 | Van Loon Jolien | | |
| 2927 | Peeters Katelijne | | |
| 2926 | Nagels Lotte | | |
| 2930 | Horemans Annelies | | |

4 x 60 meter Pup Dames Uur=15:09

Reeks:2

| | | | |
|------|----------------------|------|------|
| 1 | ESAK | 36.9 | |
| 4121 | De Schutter Nathalie | | ACBR |
| 3121 | Boeykens Lien | | ACBR |
| 3409 | Akkermans Lize | | |
| 3668 | Van Campen Axelle | | |
| 2 | AVKA | 39.2 | |
| 4258 | Indigne Marie | | |
| 4006 | Jacobs Eline | | |
| 3789 | Vermeulen Ilke | | |
| 3703 | Lauwers Yoline | | |
| 3 | KAPE | 42.6 | |
| 3340 | Mees Louise | | |
| 3072 | De Rycke Karo | | |
| 3339 | Denis Jolien | | |
| 3341 | Eykens Renee | | |

hoogspringen Ben Heren Uur=15:51

Reeks:1

| | | | | | |
|----|------|-------------------|------|-------|----|
| 1 | 860 | Heylen Maarten | LIER | 1.10m | 98 |
| 2 | 2209 | Janssens Benjamin | AVKA | 1.05m | 98 |
| 3 | 862 | Maes Stijn | LIER | 1.05m | 98 |
| 4 | 958 | Folens Joren | KAPE | 1.05m | 98 |
| 5 | 959 | De Rycke Vince | KAPE | 1.05m | 98 |
| 6 | 960 | Van Thillo Glenn | KAPE | 1.00m | 98 |
| 7 | 1322 | Vanagtmael Jelle | ACBR | 1.00m | 98 |
| 8 | 1705 | Gryp Karl | AVKA | 0.95m | 99 |
| 9 | 778 | Roeffaers Gilles | ACBR | 0.95m | 98 |
| 10 | 858 | Vangorp Sam | LIER | 0.95m | 98 |
| 11 | 828 | Peeters Dries | ACBR | 0.95m | 99 |
| 12 | 1704 | Vermeulen Niels | AVKA | 0.90m | 98 |
| 13 | 957 | Orlans Quinten | KAPE | 0.90m | 98 |
| 14 | 1427 | Dierckx Yannick | AVKA | 0.90m | 99 |
| 15 | 1916 | Magnery Jordy | ACBR | 0.90m | 98 |
| 16 | 2242 | Wuyts Alec | LIER | 0.85m | 99 |
| 17 | 2237 | Wuyts Matthias | LIER | 0.85m | 98 |
| 18 | 968 | Buytaert Sverre | OLSE | 0.85m | 99 |
| 19 | 2309 | Bal Jaan | ACBR | 0.80m | 00 |

verspringen Min Dames Uur=16:09

Reeks:1

| | | | | | |
|----|------|-----------------------|------|-------|----|
| 1 | 6488 | Marynissen Elies | AVKA | 4.32m | 94 |
| 2 | 5837 | Hermans Ine | AVKA | 4.18m | 95 |
| 3 | 5664 | Van Doren Jorien | ESAK | 4.13m | 94 |
| 4 | 5269 | Acke Britt | ACBR | 4.04m | 95 |
| 5 | 5836 | Devrieze Ylonka | AVKA | 4.03m | 94 |
| 6 | 5751 | Peeters Charlotte | ACBR | 4.01m | 94 |
| 7 | 5227 | Van Herck Britt | LIER | 3.98m | 95 |
| 8 | 5113 | Talloen Louise | ACBR | 3.97m | 95 |
| 9 | 5666 | Van Schil Henrike | ESAK | 3.94m | 94 |
| 10 | 5667 | Akkermans Hanne | ESAK | 3.90m | 94 |
| 11 | 5668 | Vercauteren Sigrid | AVKA | 3.88m | 94 |
| 12 | 6310 | Zwaenepoel Annemie | LIER | 3.80m | 94 |
| 13 | 5340 | De Bruyn Jelke | KAPE | 3.77m | 94 |
| 14 | 5199 | Nagels Sofie | ACBR | 3.73m | 94 |
| 15 | 5665 | Adams Yuness | ESAK | 3.72m | 94 |
| 16 | 6026 | Vercammen Sofie | AVKA | 3.67m | 95 |
| 17 | 6048 | Broothaerts Elisabeth | AVKA | 3.59m | 95 |
| 18 | 5271 | Pompen Ilke | ACBR | 3.57m | 95 |
| 19 | 5229 | Gorris Inez | LIER | 3.55m | 94 |
| 20 | 5834 | Lamarque Anke | AVKA | 3.36m | 95 |
| 21 | 6443 | Hanssens Annelies | ESAK | 3.31m | 95 |
| 22 | 5835 | Lemmens Jessica | AVKA | 3.29m | 94 |
| 23 | 5270 | Samoy Alexine | ACBR | 3.27m | 95 |
| 24 | 5585 | Groffen Vicky | AVKA | 3.22m | 94 |
| 25 | 5670 | Holvoet Camie | AVKA | 3.13m | 94 |
| 26 | 5608 | Pinxteren Kim | SGOL | 2.96m | 95 |

discuswerpen 0,600kg Pup Heren Uur=15:59

Reeks:1

| | | | | | |
|---|------|-----------------------|------|--------|----|
| 1 | 4206 | Vanagtmael Sam | ACBR | 18.90m | 96 |
| 2 | 4700 | Velle Kobe | LIER | 17.42m | 97 |
| 3 | 9792 | emmerechts greg | kape | 17.27m | 00 |
| 4 | 4287 | Vercauteren Jari | AVKA | 17.00m | 96 |
| 5 | 4051 | Verhulst Christophe | KAPE | 16.95m | 97 |
| 6 | 4817 | Van De Vijver Lorenzo | ACBR | 16.71m | 97 |
| 7 | 3793 | Brits Arne | KAPE | 15.30m | 96 |

| | | | | | |
|----|------|-------------------|------|--------|----|
| 8 | 4135 | Weemaes Arne | AVKA | 14.74m | 96 |
| 9 | 4311 | Devrieze David | AVKA | 13.98m | 96 |
| 10 | 5011 | Smellenbergh Wout | SGOL | 13.60m | 96 |
| 11 | 3511 | Calluy Dean | ACBR | 13.36m | 97 |
| 12 | 4918 | De Backer Manuel* | ESAK | 12.91m | 96 |
| 13 | 4315 | Verheyden Stef | ESAK | 11.48m | 96 |
| 14 | 4102 | Neegers Wout | AVKA | 11.46m | 97 |
| 15 | 4919 | Bardyn Sebastian | KAPE | 11.31m | 97 |
| 16 | 4103 | Neegers Jonas | AVKA | 11.08m | 97 |
| 17 | 4282 | Lefeber Nathan | KAPE | 9.90m | 97 |
| 18 | 4943 | De Rop Sebastian | AVKA | 8.76m | 97 |
| 19 | 4134 | Hiele Wannes | AVKA | 8.49m | 97 |
| 20 | 4133 | Hiele Tobias | AVKA | 7.40m | 97 |
| | 4310 | Fierens Tomas | AVKA | GP | 96 |

kogelstoten 1,000kg Ben Dames Uur=15:30

Reeks:1

| | | | | | |
|----|------|---------------------|------|-------|----|
| 1 | 684 | Van Laer Emma | KAPE | 7.40m | 98 |
| 2 | 9002 | hanssens marie | na | 6.16m | 00 |
| 3 | 1686 | Van de Vijver Caro | ACBR | 5.88m | 99 |
| 4 | 1100 | Mortiers Lio | AVKA | 5.86m | 98 |
| 5 | 714 | De Rooy Eva | ACBR | 5.58m | 98 |
| 6 | 1387 | Van De Vreken Joke | AVKA | 5.41m | 98 |
| 7 | 1211 | Coenraerds Tiba | ESAK | 5.03m | 98 |
| 8 | 1251 | Nobels Jasmine | LIER | 4.98m | 98 |
| 9 | 1821 | Nijsen Kim* | ESAK | 4.69m | 99 |
| 10 | 915 | Baetens Rani | SGOL | 4.54m | 99 |
| 11 | 577 | Bal Loran | ACBR | 4.48m | 98 |
| 12 | 1852 | Lauwers Charlotte | SGOL | 4.46m | 99 |
| 13 | 2049 | Van Thillo Kathleen | KAPE | 4.01m | 00 |
| 14 | 9001 | geussens lore | ESAK | 3.70m | 00 |
| 15 | 1917 | Meersman Dorien | ACBR | 3.23m | 00 |
| 16 | 1918 | Samoy Améline | 7ACB | 2.47m | 00 |

60m horden 0,762m/6H Pup Heren Uur=15:21

Reeks:1

| | | | | | |
|---|------|-------------------|------|------|----|
| 1 | 4311 | Devrieze David | AVKA | 13.1 | 96 |
| 2 | 4918 | De Backer Manuel* | ESAK | 14.2 | 96 |
| 3 | 4700 | Velle Kobe | LIER | 15.1 | 97 |
| | 4315 | Verheyden Stef | ESAK | DIS | 96 |
| | 3793 | Brits Arne | KAPE | NA | 96 |

60m horden 0,762m/6H Pup Heren Uur=15:21

Reeks:2

| | | | | | |
|---|------|------------------|------|------|----|
| 1 | 4287 | Vercauteren Jari | AVKA | 13.5 | 96 |
| 2 | 3792 | Emmerechts Greg | KAPE | 13.6 | 96 |
| 3 | 4134 | Hiele Wannes | AVKA | 15.4 | 97 |
| 4 | 4133 | Hiele Tobias | AVKA | 17.8 | 97 |

60m horden 0,762m/6H Pup Heren Uur=15:21

Reeks:3

| | | | | | |
|---|------|-------------------|------|------|----|
| 1 | 4206 | Vanagtmael Sam | ACBR | 12.9 | 96 |
| 2 | 4135 | Weemaes Arne | AVKA | 13.3 | 96 |
| 3 | 4310 | Fierens Tomas | AVKA | 14.0 | 96 |
| 4 | 5011 | Smellenbergh Wout | SGOL | 18.2 | 96 |

60m horden 0,762m/6H Pup Heren Uur=15:21

Reeks:4

| | | | | | |
|---|------|-----------------------|------|------|----|
| 1 | 4817 | Van De Vijver Lorenzo | ACBR | 13.4 | 97 |
| 2 | 4919 | Bardyn Sebastian | KAPE | 13.6 | 97 |

| | | | | |
|---|------|---------------------|-----------|----|
| 3 | 4051 | Verhulst Christophe | KAPE 14.7 | 97 |
| 4 | 4282 | Lefeber Nathan | KAPE 15.1 | 97 |

discuswerpen 0,600kg Pup Dames Uur=16:55

Reeks:1

| | | | | |
|----|------|-----------------------|-------------|----|
| 1 | 2926 | Nagels Lotte | ACBR 17.42m | 96 |
| 2 | 3345 | Uyttendaele Eva | SGOL 15.72m | 96 |
| 3 | 3579 | Van Hoofstat Annelies | AVKA 15.66m | 96 |
| 4 | 3121 | Boeykens Lien | ACBR 14.63m | 96 |
| 5 | 4381 | Van Bragt Sofie | SGOL 14.58m | 96 |
| 6 | 3341 | Eykens Renee | KAPE 14.29m | 96 |
| 7 | 3073 | Folens Merel | KAPE 14.18m | 96 |
| 8 | 4004 | Beckstedde Ellen | AVKA 14.02m | 96 |
| 9 | 3781 | Van de Weerd Lisa | LIER 13.81m | 96 |
| 10 | 4007 | Laurent Daphne | AVKA 12.07m | 97 |
| 11 | 3348 | Pinxteren Lynn | SGOL 11.97m | 97 |
| 12 | 3668 | Van Campen Axelle | ESAK 11.66m | 96 |
| 13 | 2931 | Van Loon Jolien | ACBR 11.62m | 97 |
| 14 | 4121 | De Schutter Nathalie | ACBR 11.59m | 96 |
| 15 | 2964 | Gorris Valerie | LIER 11.49m | 96 |
| 16 | 4284 | Willems Fien | SGOL 11.42m | 96 |
| 17 | 3349 | Baetens Donja | SGOL 11.04m | 96 |
| 18 | 3789 | Vermeulen Ilke | AVKA 10.96m | 96 |
| 19 | 3072 | De Rycke Karo | KAPE 10.18m | 96 |
| 20 | 4003 | Devrieze Femke | AVKA 9.89m | 96 |
| 21 | 3409 | Akkermans Lize | ESAK 9.63m | 97 |
| 22 | 2976 | Heynderickx Lotte | LIER 9.62m | 97 |
| 23 | 4256 | Lauwers Jolien | SGOL 9.62m | 97 |
| 24 | 2965 | Verheyden Sara | LIER 9.30m | 97 |
| 25 | 3888 | Kerremans Issa | ACBR 8.42m | 97 |
| 26 | 4293 | Van Springel Birte | ESAK 7.86m | 97 |
| 27 | 2927 | Peeters Katelijne | ACBR 7.82m | 97 |
| 28 | 3854 | Dheere Florian | KAPE 7.56m | 97 |
| 29 | 3339 | Denis Jolien | KAPE 7.07m | 97 |
| 30 | 3340 | Mees Louise | KAPE 6.82m | 97 |
| 31 | 4006 | Jacobs Eline | AVKA 6.43m | 97 |

kogelstoten 3,000kg Min Heren Uur=16:23

Reeks:1

| | | | | |
|----|------|---------------------|-------------|----|
| 1 | 7181 | Kerremans Timo | ACBR 11.63m | 94 |
| 2 | 7122 | Broothaerts Mathias | AVKA 9.63m | 94 |
| 3 | 6722 | Neelen Jesper | ESAK 9.27m | 94 |
| 4 | 6157 | Declercq Pieterjan | ACBR 9.18m | 94 |
| 5 | 6395 | Verweyen Jago | KAPE 8.83m | 94 |
| 6 | 6289 | Verheyden Robin | LIER 8.55m | 94 |
| 7 | 6702 | Neegers Tom | AVKA 8.19m | 94 |
| 8 | 7534 | Vlaeminck Matthias | ACBR 7.82m | 94 |
| 9 | 6290 | Roose Thomas | LIER 7.19m | 95 |
| 10 | 6394 | Van Laer Marnix | KAPE 7.14m | 95 |
| 11 | 6247 | Roelands Mattias | ACBR 7.05m | 94 |
| 12 | 6160 | Calluy Dylan | ACBR 6.83m | 94 |
| 13 | 7095 | Vermeulen Jelle | AVKA 6.80m | 94 |
| 14 | 7246 | Willem Ben | LIER 6.68m | 94 |
| 15 | 6250 | Declerck Jim | ACBR 6.64m | 94 |
| 16 | 7261 | Vanderborgh Robin | AVKA 6.60m | 94 |
| 17 | 7486 | Luyts Stijn | AVKA 6.59m | 95 |
| 18 | 6719 | Hiele Robin | AVKA 6.46m | 95 |
| 19 | 6723 | Van Oevelen Nick | ESAK 6.31m | 94 |
| 20 | 6721 | Vinck Sam | ESAK 6.29m | 95 |
| 21 | 6249 | Peeters Stijn | ACBR 6.03m | 94 |

| | | | | |
|----|------|--------------------|------------|----|
| 22 | 7262 | Jacobs Frederick | AVKA 6.02m | 94 |
| 23 | 6322 | Horemans Rikkert | ACBR 5.75m | 94 |
| 24 | 7096 | Cosaert Sebastiaan | AVKA 5.70m | 94 |
| 25 | 6643 | Denis Simon | KAPE 5.65m | 95 |
| 26 | 7247 | Velle Wietse | LIER 5.40m | 95 |
| 27 | 6652 | Mattle Maarten | SGOL 5.28m | 95 |
| 28 | 7146 | Van Boven Jordy | KAPE 5.18m | 95 |
| 29 | 7421 | Rous Stef | SGOL 4.80m | 95 |
| 30 | 6701 | Crauwels Ian | AVKA 4.71m | 94 |
| 31 | 7542 | Bruyninckx Quinten | SGOL 4.53m | 95 |
| 32 | 7477 | De Rop Andreas | AVKA 4.20m | 95 |

60m horden 0,762m/6H Min Dames Uur=16:15

Reeks:1

| | | | | |
|---|------|-------------------|-----------|----|
| 1 | 5836 | Devrieze Ylonka | AVKA 10.7 | 94 |
| 2 | 6488 | Marynissen Elies | AVKA 10.7 | 94 |
| 3 | 5837 | Hermans Ine | AVKA 11.5 | 95 |
| 4 | 5340 | De Bruyn Jelke | KAPE 13.1 | 94 |
| | 5666 | Van Schil Henrike | ESAK DIS | 94 |

60m horden 0,762m/6H Min Dames Uur=16:15

Reeks:2

| | | | | |
|---|------|--------------------|-----------|----|
| 1 | 5269 | Acke Britt | ACBR 11.3 | 95 |
| 2 | 5668 | Vercauteren Sigrid | AVKA 12.2 | 94 |
| 3 | 5227 | Van Herck Britt | LIER 13.3 | 95 |
| 4 | 6026 | Vercammen Sofie | AVKA 13.6 | 95 |

60m horden 0,762m/6H Min Dames Uur=16:15

Reeks:3

| | | | | |
|---|------|-------------------|-----------|----|
| 1 | 5667 | Akkermans Hanne | ESAK 11.9 | 94 |
| 2 | 5199 | Nagels Sofie | ACBR 12.9 | 94 |
| 3 | 6443 | Hanssens Annelies | ESAK 13.0 | 95 |
| 4 | 5271 | Pompen Ilke | ACBR 13.3 | 95 |
| 5 | 5608 | Pinxteren Kim | SGOL 14.7 | 95 |

60m horden 0,762m/6H Min Dames Uur=16:15

Reeks:4

| | | | | |
|---|------|-----------------------|-----------|----|
| 1 | 6048 | Broothaerts Elisabeth | AVKA 11.5 | 95 |
| 2 | 5665 | Adams Yuness | ESAK 12.2 | 94 |
| 3 | 5113 | Talloen Louise | ACBR 13.1 | 95 |
| 4 | 5270 | Samoy Alexine | ACBR 13.1 | 95 |
| | 5670 | Holvoet Camie | AVKA NG | 94 |

60m horden 0,762m/6H Min Dames Uur=16:15

Reeks:5

| | | | | |
|---|------|--------------------|-----------|----|
| 1 | 6310 | Zwaenepoel Annemie | LIER 11.8 | 94 |
| 2 | 5664 | Van Doren Jorien | ESAK 11.8 | 94 |
| 3 | 5751 | Peeters Charlotte | ACBR 13.5 | 94 |
| 4 | 5834 | Lamarque Anke | AVKA 13.7 | 95 |
| | 5585 | Groffen Vicky | AVKA NG | 94 |

60m horden 0,762m/6H Pup Dames Uur=17:05

Reeks:1

| | | | | |
|---|------|-----------------------|-----------|----|
| 1 | 3579 | Van Hoofstat Annelies | AVKA 11.2 | 96 |
| 2 | 4007 | Laurent Daphne | AVKA 12.6 | 97 |
| 3 | 3668 | Van Campen Axelle | ESAK 14.8 | 96 |
| | 3341 | Eykens Renee | KAPE NG | 96 |

60m horden 0,762m/6H Pup Dames Uur=17:05

Reeks:2

| | | | | |
|---|------|------------------|-----------|----|
| 1 | 3345 | Uyttendaele Eva | SGOL 14.0 | 96 |
| 2 | 4258 | Indigne Marie | AVKA 14.2 | 96 |
| 3 | 4004 | Beckstedde Ellen | AVKA 14.2 | 96 |
| 4 | 3789 | Vermeulen Ilke | AVKA 14.5 | 96 |

60m horden 0,762m/6H Pup Dames Uur=17:05

Reeks:3

| | | | | |
|---|------|----------------|-----------|----|
| 1 | 3409 | Akkermans Lize | ESAK 13.8 | 97 |
| 2 | 2965 | Verheyden Sara | LIER 14.1 | 97 |
| 3 | 3072 | De Rycke Karo | KAPE 15.4 | 96 |
| 4 | 4256 | Lauwers Jolien | SGOL 17.4 | 97 |

60m horden 0,762m/6H Pup Dames Uur=17:05

Reeks:4

| | | | | |
|---|------|--------------------|-----------|----|
| 1 | 3854 | Dheere Florian | KAPE 14.6 | 97 |
| 2 | 3703 | Lauwers Yoline | AVKA 15.2 | 96 |
| 3 | 4293 | Van Springel Birte | ESAK 16.2 | 97 |
| | 2927 | Peeters Katelijne | ACBR NG | 97 |

60m horden 0,762m/6H Pup Dames Uur=17:05

Reeks:5

| | | | | |
|---|------|----------------------|-----------|----|
| 1 | 4121 | De Schutter Nathalie | ACBR 14.5 | 96 |
| 2 | 2931 | Van Loon Jolien | ACBR 15.5 | 97 |
| 3 | 3348 | Pinxteren Lynn | SGOL 16.2 | 97 |
| 4 | 4006 | Jacobs Eline | AVKA 17.9 | 97 |

60m horden 0,762m/6H Pup Dames Uur=17:05

Reeks:6

| | | | | |
|---|------|-------------------|-----------|----|
| 1 | 3121 | Boeykens Lien | ACBR 13.3 | 96 |
| 2 | 2930 | Horemans Annelies | ACBR 14.0 | 97 |
| 3 | 3349 | Baetens Donja | SGOL 15.8 | 96 |
| | 4284 | Willems Fien | SGOL NA | 96 |

60m horden 0,762m/6H Pup Dames Uur=17:05

Reeks:7

| | | | | |
|---|------|-------------------|-----------|----|
| 1 | 4381 | Van Bragt Sofie | SGOL 12.6 | 96 |
| 2 | 3781 | Van de Weerd Lisa | LIER 14.1 | 96 |
| 3 | 4003 | Devrieze Femke | AVKA 15.3 | 96 |
| | 2926 | Nagels Lotte | ACBR NA | 96 |

hoogspringen Ben Dames Uur=17:08

Reeks:1

| | | | | |
|----|------|---------------------|------------|----|
| 1 | 684 | Van Laer Emma | KAPE 1.12m | 98 |
| 2 | 1100 | Mortiers Lio | AVKA 1.05m | 98 |
| 3 | 714 | De Rooy Eva | ACBR 0.95m | 98 |
| 4 | 1251 | Nobels Jasmine | LIER 0.95m | 98 |
| 5 | 577 | Bal Loran | ACBR 0.95m | 98 |
| 6 | 1387 | Van De Vreken Joke | AVKA 0.90m | 98 |
| 7 | 1211 | Coenraerds Tiba | ESAK 0.85m | 98 |
| 8 | 1686 | Van de Vijver Caro | ACBR 0.85m | 99 |
| 9 | 1821 | Nijssen Kim* | ESAK 0.80m | 99 |
| 10 | 9001 | geussens lore | ESAK 0.80m | 00 |
| 11 | 2049 | Van Thillo Kathleen | KAPE 0.75m | 00 |
| 12 | 1917 | Meersman Dorien | ACBR 0.70m | 00 |
| 13 | 915 | Baetens Rani | SGOL 0.70m | 99 |
| | 1852 | Lauwers Charlotte | SGOL GP | 99 |
| | 1918 | Samoy Améline | 7ACB GP | 00 |

verspringen Ben Heren Uur=16:27

Reeks:1

| | | | | | |
|----|------|-------------------|------|-------|----|
| 1 | 862 | Maes Stijn | LIER | 3.24m | 98 |
| 2 | 2209 | Janssens Benjamin | AVKA | 3.22m | 98 |
| 3 | 1322 | Vanagtmael Jelle | ACBR | 3.19m | 98 |
| 4 | 958 | Folens Joren | KAPE | 3.17m | 98 |
| 5 | 959 | De Rycke Vince | KAPE | 3.08m | 98 |
| 6 | 1427 | Dierckx Yannick | AVKA | 3.08m | 99 |
| 7 | 1705 | Gryp Karl | AVKA | 3.06m | 99 |
| 8 | 960 | Van Thillo Glenn | KAPE | 3.05m | 98 |
| 9 | 860 | Heylen Maarten | LIER | 3.05m | 98 |
| 10 | 828 | Peeters Dries | ACBR | 3.04m | 99 |
| 11 | 858 | Vangorp Sam | LIER | 3.03m | 98 |
| 12 | 1704 | Vermeulen Niels | AVKA | 2.98m | 98 |
| 13 | 1916 | Magnery Jordy | ACBR | 2.97m | 98 |
| 14 | 778 | Roeffaers Gilles | ACBR | 2.97m | 98 |
| 15 | 1197 | Richter Jordi | KAPE | 2.77m | 98 |
| 16 | 957 | Orlans Quinten | KAPE | 2.70m | 98 |
| 17 | 2309 | Bal Jaan | ACBR | 2.51m | 00 |
| 18 | 874 | Heylen Robbert | LIER | 2.39m | 00 |
| 19 | 968 | Buytaert Sverre | OLSE | 2.34m | 99 |

discuswerpen 0,600kg Min Dames Uur=17:31

Reeks:1

| | | | | | |
|----|------|-----------------------|------|--------|----|
| 1 | 6488 | Marynissen Elies | AVKA | 20.71m | 94 |
| 2 | 5340 | De Bruyn Jelke | KAPE | 20.63m | 94 |
| 3 | 5271 | Pompen Ilke | ACBR | 19.38m | 95 |
| 4 | 5664 | Van Doren Jorien | ESAK | 18.60m | 94 |
| 5 | 6026 | Vercammen Sofie | AVKA | 18.32m | 95 |
| 6 | 5665 | Adams Yuness | ESAK | 18.21m | 94 |
| 7 | 5668 | Vercauteren Sigrid | AVKA | 18.17m | 94 |
| 8 | 6048 | Broothaerts Elisabeth | AVKA | 16.77m | 95 |
| 9 | 5269 | Acke Britt | ACBR | 16.46m | 95 |
| 10 | 5585 | Groffen Vicky | AVKA | 16.17m | 94 |
| 11 | 5835 | Lemmens Jessica | AVKA | 15.93m | 94 |
| 12 | 5837 | Hermans Ine | AVKA | 15.88m | 95 |
| 13 | 5834 | Lamarque Anke | AVKA | 15.84m | 95 |
| 14 | 5666 | Van Schil Henrike | ESAK | 15.67m | 94 |
| 15 | 6443 | Hanssens Annelies | ESAK | 15.55m | 95 |
| 16 | 5836 | Devrieze Ylonka | AVKA | 15.11m | 94 |
| 17 | 5199 | Nagels Sofie | ACBR | 14.53m | 94 |
| 18 | 5667 | Akkermans Hanne | ESAK | 14.29m | 94 |
| 19 | 5751 | Peeters Charlotte | ACBR | 14.25m | 94 |
| 20 | 5113 | Talloon Louise | ACBR | 14.07m | 95 |
| 21 | 5608 | Pinxteren Kim | SGOL | 13.67m | 95 |
| 22 | 5270 | Samoy Alexine | ACBR | 13.36m | 95 |
| 23 | 5670 | Holvoet Camie | AVKA | 12.85m | 94 |
| 24 | 6310 | Zwaenepoel Annemie | LIER | 12.56m | 94 |
| 25 | 5227 | Van Herck Britt | LIER | 12.25m | 95 |

kogelstoten 2,000kg Pup Heren Uur=17:11

Reeks:1

| | | | | | |
|----|------|-----------------------|------|-------|----|
| 1 | 4206 | Vanagtmael Sam | ACBR | 7.59m | 96 |
| 2 | 4287 | Vercauteren Jari | AVKA | 7.37m | 96 |
| 3 | 4817 | Van De Vijver Lorenzo | ACBR | 7.35m | 97 |
| 4 | 5011 | Smellenbergh Wout | SGOL | 7.32m | 96 |
| 5 | 4135 | Weemaes Arne | AVKA | 7.27m | 96 |
| 6 | 3792 | Emmerechts Greg | KAPE | 6.54m | 96 |
| 7 | 3793 | Brits Arne | KAPE | 6.46m | 96 |
| 8 | 4310 | Fierens Tomas | AVKA | 6.40m | 96 |
| 9 | 4311 | Devrieze David | AVKA | 6.36m | 96 |
| 10 | 4700 | Velle Kobe | LIER | 6.31m | 97 |

| | | | | |
|-----------|------|---------------------|------------|----|
| 11 | 4051 | Verhulst Christophe | KAPE 6.17m | 97 |
| 12 | 4918 | De Backer Manuel* | ESAK 6.02m | 96 |
| 13 | 4919 | Bardyn Sebastian | KAPE 5.55m | 97 |
| 14 | 3511 | Calluy Dean | ACBR 5.54m | 97 |
| 15 | 4315 | Verheyden Stef | ESAK 5.43m | 96 |
| 16 | 4282 | Lefeber Nathan | KAPE 5.29m | 97 |
| 17 | 4102 | Neegers Wout | AVKA 5.05m | 97 |
| 18 | 4133 | Hiele Tobias | AVKA 4.52m | 97 |
| 19 | 4134 | Hiele Wannas | AVKA 4.15m | 97 |
| | 4103 | Neegers Jonas | AVKA NG | 97 |
| 150 meter | | Min Heren Uur=16:43 | | |
| Reeks:1 | | | | |
| 1 | 7122 | Broothaerts Mathias | AVKA 18.8 | 94 |
| 2 | 6395 | Verweyen Jago | KAPE 20.2 | 94 |
| 3 | 6322 | Horemans Rikkert | ACBR 23.7 | 94 |
| 150 meter | | Min Heren Uur=16:43 | | |
| Reeks:2 | | | | |
| 1 | 6289 | Verheyden Robin | LIER 22.3 | 94 |
| 2 | 6702 | Neegers Tom | AVKA 22.6 | 94 |
| 3 | 6723 | Van Oevelen Nick | ESAK 22.6 | 94 |
| 150 meter | | Min Heren Uur=16:43 | | |
| Reeks:3 | | | | |
| 1 | 7246 | Willem Ben | LIER 21.9 | 94 |
| 2 | 6722 | Neelen Jesper | ESAK 21.9 | 94 |
| 3 | 6719 | Hiele Robin | AVKA 22.3 | 95 |
| 150 meter | | Min Heren Uur=16:43 | | |
| Reeks:4 | | | | |
| 1 | 6643 | Denis Simon | KAPE 21.4 | 95 |
| 2 | 7095 | Vermeulen Jelle | AVKA 22.7 | 94 |
| 3 | 7146 | Van Boven Jordy | KAPE 23.4 | 95 |
| 150 meter | | Min Heren Uur=16:43 | | |
| Reeks:5 | | | | |
| 1 | 6250 | Declerck Jim | ACBR 22.2 | 94 |
| 2 | 6160 | Calluy Dylan | ACBR 22.5 | 94 |
| 3 | 6652 | Mattle Maarten | SGOL 23.9 | 95 |
| 150 meter | | Min Heren Uur=16:43 | | |
| Reeks:6 | | | | |
| 1 | 7534 | Vlaeminck Matthias | ACBR 23.6 | 94 |
| 2 | 6249 | Peeters Stijn | ACBR 24.5 | 94 |
| 3 | 6701 | Crauwels Ian | AVKA 24.5 | 94 |
| 150 meter | | Min Heren Uur=16:43 | | |
| Reeks:7 | | | | |
| 1 | 6290 | Roose Thomas | LIER 23.5 | 95 |
| 2 | 7477 | De Rop Andreas | AVKA 24.0 | 95 |
| 3 | 6394 | Van Laer Marnix | KAPE 24.4 | 95 |
| 150 meter | | Min Heren Uur=16:43 | | |
| Reeks:8 | | | | |
| 1 | 6721 | Vinck Sam | ESAK 21.8 | 95 |
| 2 | 7486 | Luyts Stijn | AVKA 24.6 | 95 |
| 3 | 7421 | Rous Stef | SGOL 25.0 | 95 |

150 meter Min Heren Uur=16:43

Reeks:9

| | | | | |
|---|------|--------------------|-----------|----|
| 1 | 6157 | Declercq Pieterjan | ACBR 20.9 | 94 |
| 2 | 7261 | Vanderborght Robin | AVKA 23.3 | 94 |
| 3 | 7542 | Bruyninckx Quinten | SGOL 26.7 | 95 |

150 meter Min Heren Uur=16:43

Reeks:10

| | | | | |
|---|------|--------------------|-----------|----|
| 1 | 7096 | Cosaert Sebastiaan | AVKA 23.4 | 94 |
| 2 | 7262 | Jacobs Frederick | AVKA 23.6 | 94 |
| 3 | 7247 | Velle Wietse | LIER 25.2 | 95 |

discuswerpen 1,000kg Min Heren Uur=18:29

Reeks:1

| | | | | |
|----|------|---------------------|-------------|----|
| 1 | 6722 | Neelen Jesper | ESAK 24.08m | 94 |
| 2 | 6290 | Roose Thomas | LIER 19.19m | 95 |
| 3 | 7122 | Broothaerts Mathias | AVKA 19.01m | 94 |
| 4 | 6394 | Van Laer Marnix | KAPE 18.51m | 95 |
| 5 | 6395 | Verweyen Jago | KAPE 18.46m | 94 |
| 6 | 6702 | Neegers Tom | AVKA 18.34m | 94 |
| 7 | 7246 | Willem Ben | LIER 17.75m | 94 |
| 8 | 6157 | Declercq Pieterjan | ACBR 17.56m | 94 |
| 9 | 6719 | Hiele Robin | AVKA 17.28m | 95 |
| 10 | 6247 | Roelands Mattias | ACBR 16.84m | 94 |
| 11 | 7146 | Van Boven Jordy | KAPE 16.70m | 95 |
| 12 | 7534 | Vlaeminck Matthias | ACBR 16.55m | 94 |
| 13 | 6250 | Declerck Jim | ACBR 16.16m | 94 |
| 14 | 6289 | Verheyden Robin | LIER 16.03m | 94 |
| 15 | 6160 | Calluy Dylan | ACBR 15.88m | 94 |
| 16 | 6643 | Denis Simon | KAPE 15.31m | 95 |
| 17 | 6701 | Crauwels Ian | AVKA 14.69m | 94 |
| 18 | 6249 | Peeters Stijn | ACBR 14.40m | 94 |
| 19 | 7095 | Vermeulen Jelle | AVKA 14.22m | 94 |
| 20 | 7261 | Vanderborght Robin | AVKA 14.20m | 94 |
| 21 | 7486 | Luyts Stijn | AVKA 14.14m | 95 |
| 22 | 7096 | Cosaert Sebastiaan | AVKA 14.12m | 94 |
| 23 | 6721 | Vinck Sam | ESAK 13.02m | 95 |
| 24 | 6723 | Van Oevelen Nick | ESAK 12.81m | 94 |
| 25 | 7262 | Jacobs Frederick | AVKA 12.02m | 94 |
| 26 | 7421 | Rous Stef | SGOL 11.23m | 95 |
| 27 | 7247 | Velle Wietse | LIER 10.95m | 95 |
| 28 | 7542 | Bruyninckx Quinten | SGOL 9.25m | 95 |
| 29 | 6652 | Mattle Maarten | SGOL 8.67m | 95 |

kogelstoten 2,000kg Pup Dames Uur=18:19

Reeks:1

| | | | | |
|----|------|-----------------------|------------|----|
| 1 | 3121 | Boeykens Lien | ACBR 7.64m | 96 |
| 2 | 3579 | Van Hoofstat Annelies | AVKA 7.48m | 96 |
| 3 | 3345 | Uyttendaele Eva | SGOL 7.46m | 96 |
| 4 | 2926 | Nagels Lotte | ACBR 7.43m | 96 |
| 5 | 3073 | Folens Merel | KAPE 7.39m | 96 |
| 6 | 2931 | Van Loon Jolien | ACBR 7.22m | 97 |
| 7 | 3789 | Vermeulen Ilke | AVKA 5.64m | 96 |
| 8 | 4381 | Van Bragt Sofie | SGOL 5.43m | 96 |
| 9 | 4121 | De Schutter Nathalie | ACBR 5.40m | 96 |
| 10 | 4007 | Laurent Daphne | AVKA 5.31m | 97 |
| 11 | 3668 | Van Campen Axelle | ESAK 5.13m | 96 |
| 12 | 3781 | Van de Weerd Lisa | LIER 5.11m | 96 |
| 13 | 4284 | Willems Fien | SGOL 5.06m | 96 |
| 14 | 3348 | Pinxteren Lynn | SGOL 5.03m | 97 |

| | | | | | |
|----|------|--------------------|------|-------|----|
| 15 | 2964 | Gorris Valerie | LIER | 4.90m | 96 |
| 16 | 3854 | Dheere Florian | KAPE | 4.87m | 97 |
| 17 | 3349 | Baetens Donja | SGOL | 4.86m | 96 |
| 18 | 3340 | Mees Louise | KAPE | 4.81m | 97 |
| 19 | 4003 | Devrieze Femke | AVKA | 4.80m | 96 |
| 20 | 4004 | Beckstedde Ellen | AVKA | 4.78m | 96 |
| 21 | 2930 | Horemans Annelies | ACBR | 4.76m | 97 |
| 22 | 2976 | Heynderickx Lotte | LIER | 4.69m | 97 |
| 23 | 2927 | Peeters Katelijne | ACBR | 4.63m | 97 |
| 24 | 4293 | Van Springel Birte | ESAK | 4.60m | 97 |
| 25 | 4258 | Indigne Marie | AVKA | 4.47m | 96 |
| 26 | 2965 | Verheyden Sara | LIER | 4.44m | 97 |
| 27 | 3072 | De Rycke Karo | KAPE | 4.41m | 96 |
| 28 | 3703 | Lauwers Yoline | AVKA | 4.22m | 96 |
| 29 | 4006 | Jacobs Eline | AVKA | 4.07m | 97 |
| 30 | 4256 | Lauwers Jolien | SGOL | 4.00m | 97 |
| 31 | 3409 | Akkermans Lize | ESAK | 3.67m | 97 |
| 32 | 3339 | Denis Jolien | KAPE | 3.43m | 97 |

150 meter Min Dames Uur=18:23

Reeks:1

| | | | | | |
|---|------|--------------------|------|------|----|
| 1 | 5836 | Devrieze Ylonka | AVKA | 22.0 | 94 |
| 2 | 5668 | Vercauteren Sigrid | AVKA | 22.3 | 94 |
| 3 | 5837 | Hermans Ine | AVKA | 22.3 | 95 |

150 meter Min Dames Uur=18:23

Reeks:2

| | | | | | |
|---|------|-------------------|------|------|----|
| 1 | 5666 | Van Schil Henrike | ESAK | 22.4 | 94 |
| 2 | 5269 | Acke Britt | ACBR | 23.2 | 95 |
| 3 | 5667 | Akkermans Hanne | ESAK | 24.1 | 94 |

150 meter Min Dames Uur=18:23

Reeks:3

| | | | | | |
|---|------|-----------------|------|------|----|
| 1 | 6026 | Vercammen Sofie | AVKA | 23.1 | 95 |
| 2 | 5227 | Van Herck Britt | LIER | 23.1 | 95 |
| 3 | 5340 | De Bruyn Jelke | KAPE | 25.2 | 94 |

150 meter Min Dames Uur=18:23

Reeks:4

| | | | | | |
|---|------|------------------|------|------|----|
| 1 | 5664 | Van Doren Jorien | ESAK | 23.0 | 94 |
| 2 | 5229 | Gorris Inez | LIER | 23.3 | 94 |
| 3 | 5585 | Groffen Vicky | AVKA | 23.6 | 94 |

150 meter Min Dames Uur=18:23

Reeks:5

| | | | | | |
|---|------|---------------|------|------|----|
| 1 | 5665 | Adams Yuness | ESAK | 23.3 | 94 |
| 2 | 5199 | Nagels Sofie | ACBR | 24.4 | 94 |
| | 5670 | Holvoet Camie | AVKA | NG | 94 |

150 meter Min Dames Uur=18:23

Reeks:6

| | | | | | |
|---|------|------------------|------|------|----|
| 1 | 6488 | Marynissen Elies | AVKA | 23.1 | 94 |
| 2 | 5271 | Pompen Ilke | ACBR | 24.1 | 95 |

150 meter Min Dames Uur=18:23

Reeks:7

| | | | | | |
|---|------|--------------------|------|------|----|
| 1 | 6310 | Zwaenepoel Annemie | LIER | 22.5 | 94 |
| 2 | 5270 | Samoy Alexine | ACBR | 25.0 | 95 |
| 3 | 5834 | Lamarque Anke | AVKA | 25.2 | 95 |

| | | | | | |
|-----------|------|-------------------|-----------|--|----|
| 150 meter | | Min Dames | Uur=18:23 | | |
| Reeks:8 | | | | | |
| 1 | 6443 | Hanssens Annelies | ESAK 22.5 | | 95 |
| 2 | 5751 | Peeters Charlotte | ACBR 24.3 | | 94 |
| 3 | 5835 | Lemmens Jessica | AVKA 24.7 | | 94 |

| | | | | | |
|-----------|------|-----------------------|-----------|--|----|
| 150 meter | | Min Dames | Uur=18:23 | | |
| Reeks:9 | | | | | |
| 1 | 6048 | Broothaerts Elisabeth | AVKA 23.0 | | 95 |
| 2 | 5113 | Talloen Louise | ACBR 23.8 | | 95 |
| 3 | 5608 | Pinxteren Kim | SGOL 24.1 | | 95 |

| | | | | | |
|------------|------|---------------------|-------------|--|----|
| 1000 meter | | Pup Heren | Uur=17:24 | | |
| Reeks:1 | | | | | |
| 1 | 4918 | De Backer Manuel* | ESAK 3'21.7 | | 96 |
| 2 | 4135 | Weemaes Arne | AVKA 3'35.4 | | 96 |
| 3 | 4134 | Hiele Wannas | AVKA 3'46.9 | | 97 |
| 4 | 3792 | Emmerechts Greg | KAPE 3'53.8 | | 96 |
| 5 | 4282 | Lefeber Nathan | KAPE 4'09.8 | | 97 |
| 6 | 4133 | Hiele Tobias | AVKA 4'12.6 | | 97 |
| 7 | 4051 | Verhulst Christophe | KAPE 4'17.8 | | 97 |
| 8 | 4315 | Verheyden Stef | ESAK 4'18.0 | | 96 |

| | | | | | |
|------------|------|-----------------------|-------------|--|----|
| 1000 meter | | Pup Heren | Uur=17:24 | | |
| Reeks:2 | | | | | |
| 1 | 4287 | Vercauteren Jari | AVKA 3'53.6 | | 96 |
| 2 | 4943 | De Rop Sebastian | AVKA 3'57.6 | | 97 |
| 3 | 4206 | Vanagtmael Sam | ACBR 3'57.6 | | 96 |
| 4 | 4817 | Van De Vijver Lorenzo | ACBR 4'09.1 | | 97 |
| 5 | 4700 | Velle Kobe | LIER 4'16.8 | | 97 |
| 6 | 5011 | Smellenbergh Wout | SGOL 4'39.3 | | 96 |
| 7 | 3793 | Brits Arne | KAPE 4'49.3 | | 96 |
| | 4310 | Fierens Tomas | AVKA NG | | 96 |

| | | | | | |
|------------|------|------------------|-------------|--|----|
| 1000 meter | | Ben Heren | Uur=17:47 | | |
| Reeks:1 | | | | | |
| 1 | 959 | De Rycke Vince | KAPE 3'45.1 | | 98 |
| 2 | 961 | Vermeulen Jochem | KAPE 3'51.6 | | 98 |
| 3 | 958 | Folens Joren | KAPE 3'57.9 | | 98 |
| 4 | 860 | Heylen Maarten | LIER 4'03.8 | | 98 |
| 5 | 828 | Peeters Dries | ACBR 4'04.9 | | 99 |
| 6 | 1704 | Vermeulen Niels | AVKA 4'07.9 | | 98 |
| 7 | 960 | Van Thillo Glenn | KAPE 4'11.4 | | 98 |
| 8 | 968 | Buytaert Sverre | OLSE 4'57.6 | | 99 |

| | | | | | |
|------------|------|-------------------|-------------|--|----|
| 1000 meter | | Ben Heren | Uur=17:47 | | |
| Reeks:2 | | | | | |
| 1 | 2209 | Janssens Benjamin | AVKA 3'46.2 | | 98 |
| 2 | 778 | Roeffaers Gilles | ACBR 3'47.4 | | 98 |
| 3 | 1427 | Dierckx Yannick | AVKA 3'59.9 | | 99 |
| 4 | 858 | Vangorp Sam | LIER 4'03.1 | | 98 |
| 5 | 957 | Orlans Quinten | KAPE 4'05.1 | | 98 |
| 6 | 1705 | Gryp Karl | AVKA 4'14.6 | | 99 |
| 7 | 1322 | Vanagtmael Jelle | ACBR 4'15.9 | | 98 |
| 8 | 2309 | Bal Jaan | ACBR 4'26.3 | | 00 |

1000 meter Ben Dames Uur=17:55

Reeks:1

| | | | | | |
|---|------|---------------------|------|--------|----|
| 1 | 684 | Van Laer Emma | KAPE | 3'55.7 | 98 |
| 2 | 1387 | Van De Vreken Joke | AVKA | 4'03.7 | 98 |
| 3 | 577 | Bal Loran | ACBR | 4'07.7 | 98 |
| 4 | 9002 | hanssens marie | na | 4'11.8 | 00 |
| 5 | 1211 | Coenraerds Tiba | ESAK | 4'46.2 | 98 |
| 6 | 2049 | Van Thillo Kathleen | KAPE | 4'54.2 | 00 |
| 7 | 1686 | Van de Vijver Caro | ACBR | 5'11.4 | 99 |
| 8 | 1917 | Meersman Dorien | ACBR | 5'45.0 | 00 |

1000 meter Ben Dames Uur=17:55

Reeks:2

| | | | | | |
|---|------|-------------------|------|--------|----|
| 1 | 714 | De Rooy Eva | ACBR | 3'54.7 | 98 |
| 2 | 1100 | Mortiers Lio | AVKA | 4'09.8 | 98 |
| 3 | 1821 | Nijssen Kim* | ESAK | 4'41.8 | 99 |
| 4 | 9001 | geussens lore | ESAK | 4'43.7 | 00 |
| 5 | 1251 | Nobels Jasmine | LIER | 4'52.7 | 98 |
| 6 | 1852 | Lauwers Charlotte | SGOL | 5'01.1 | 99 |
| 7 | 915 | Baetens Rani | SGOL | 5'03.4 | 99 |
| 8 | 1918 | Samoy Améline | ACBR | 5'11.0 | 00 |

80m horden 0,84m Min Heren Uur=15:09

Reeks:1

| | | | | | |
|---|------|---------------------|------|------|----|
| 1 | 7122 | Broothaerts Mathias | AVKA | 12.6 | 94 |
| 2 | 6723 | Van Oevelen Nick | ESAK | 16.3 | 94 |
| 3 | 6395 | Verweyen Jago | KAPE | 16.3 | 94 |
| 4 | 7534 | Vlaeminck Matthias | ACBR | 18.2 | 94 |

80m horden 0,84m Min Heren Uur=15:09

Reeks:2

| | | | | | |
|---|------|--------------------|------|------|----|
| 1 | 6157 | Declercq Pieterjan | ACBR | 15.5 | 94 |
| 2 | 6289 | Verheyden Robin | LIER | 15.5 | 94 |
| 3 | 6719 | Hiele Robin | AVKA | 16.3 | 95 |
| 4 | 7096 | Cosaert Sebastiaan | AVKA | 16.9 | 94 |

80m horden 0,84m Min Heren Uur=15:09

Reeks:3

| | | | | | |
|---|------|-----------------|------|------|----|
| 1 | 7246 | Willem Ben | LIER | 16.2 | 94 |
| 2 | 6702 | Neegers Tom | AVKA | 16.8 | 94 |
| 3 | 6701 | Crauwels Ian | AVKA | 18.6 | 94 |
| 4 | 7146 | Van Boven Jordy | KAPE | 19.1 | 95 |

80m horden 0,84m Min Heren Uur=15:09

Reeks:4

| | | | | | |
|---|------|------------------|------|------|----|
| 1 | 6722 | Neelen Jesper | ESAK | 16.6 | 94 |
| 2 | 6250 | Declerck Jim | ACBR | 17.3 | 94 |
| 3 | 7095 | Vermeulen Jelle | AVKA | 20.1 | 94 |
| | 6322 | Horemans Rikkert | ACBR | NG | 94 |

80m horden 0,84m Min Heren Uur=15:09

Reeks:5

| | | | | | |
|---|------|-----------------|------|------|----|
| 1 | 7181 | Kerremans Timo | ACBR | 15.6 | 94 |
| 2 | 6394 | Van Laer Marnix | KAPE | 18.2 | 95 |
| 3 | 6290 | Roose Thomas | LIER | 18.2 | 95 |
| 4 | 7247 | Velle Wietse | LIER | 18.9 | 95 |

80m horden 0,84m Min Heren Uur=15:09

Reeks:6

| | | | | | |
|---|------|-----------|------|------|----|
| 1 | 6721 | Vinck Sam | ESAK | 16.6 | 95 |
|---|------|-----------|------|------|----|

| | | | | | | |
|---|------|-------------|-----------|------|------|----|
| 2 | 7261 | Vanderborgh | Robin | AVKA | 16.6 | 94 |
| 3 | 7262 | Jacobs | Frederick | AVKA | 18.4 | 94 |
| 4 | 7486 | Luyts | Stijn | AVKA | 18.7 | 95 |

80m horden 0,84m Min Heren Uur=15:09

Reeks:7

| | | | | | | |
|---|------|----------|---------|------|------|----|
| 1 | 6643 | Denis | Simon | KAPE | 18.1 | 95 |
| 2 | 6322 | Horemans | Rikkert | ACBR | 18.1 | 94 |
| 3 | 6249 | Peeters | Stijn | ACBR | 18.7 | 94 |